

GRATITUDE

ST. ROSE DOMINICAN HEALTH FOUNDATION

WINTER 2017



CELEBRATING
70 YEARS OF SERVICE TO
SOUTHERN NEVADA

BUILDING
COMMUNITY

**Health
&
Healthy**

RELATIONSHIPS

Become a
**MIRACLE
MAKER**



ROSE REGATTA

Sixty-eight teams from across our valley, nation and borders (Canada) made St. Rose's 9th Annual Rose Regatta a resounding success by raising critical funds for the R.E.D. Rose Program. The program provides uninsured and underinsured breast cancer patients with medical and emotional support or financial assistance during their time of need! Kudos to the Regatta's award recipients: UPS Brown Dragons (Humanitarian Award), VA Warriors (Women Warriors Award) and Norine Rathbone (Sacred Soul Memorial Award). The



Diagnosed with Stage II breast cancer in 2009, Ruth underwent a double mastectomy and the first stages of reconstruction surgery. When she experienced painful setbacks, the R.E.D. Rose Program came to Ruth's aid and she continues to pay the kindness forward. Learn more about her story at supportstrose.org.

event raised over \$100,000. To the teams, medal winners, volunteers, businesses and spectators who supported the Regatta, you have our deepest gratitude! See full story at supportstrose.org.

WHAT WE'RE COVERING

In our first issue of **GRATITUDE**, we're covering St. Rose's 9th Annual Rose Regatta fundraiser held on Saturday, October 14 at Lake Las Vegas. We're also highlighting the hospital's 70th Anniversary and so much more.

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WELCOME 2 GRATITUDE

GRATITUDE is making headlines – and not just as the name of our new St. Rose Dominican Health Foundation newsletter! There are social, physical and psychological benefits to practicing an attitude of gratitude. It can help us feel healthier, happier and more hopeful.

Acknowledging goodness is important. St. Rose Dominican Hospitals' grateful patients and families prove its value by visiting, calling or writing us to share details of the life-saving care or simple courtesies they have received. Expressing appreciation heightens their sense of optimism and motivates our caregivers to deliver quality care with humankindness. Their gratitude also inspires our philanthropy work.

Each issue of **GRATITUDE** will recognize individuals, families, and organizations who have graciously befriended the hospital and generously contributed to support our mission. It will also highlight how monetary gifts and in-kind contributions enable St. Rose to acquire new medical technology, enhance and expand care facilities, and bring about powerful physical, spiritual and emotional healing.

I would like to take this opportunity to extend sincere appreciation to our recently retired Health Foundation board members, Dean Harrold and Marlene Rennie, for their commitment to furthering the vision and values of the hospitals' 70-year, not-for-profit, religiously sponsored ministry.



Thank you!
Charlie Guida
Foundation President

"Gratitude is the moral memory of mankind."
- Georg Simmel

We thank our Board members
for generously giving of their time
and talents!

ST. ROSE DOMINICAN HEALTH FOUNDATION BOARD OF DIRECTORS

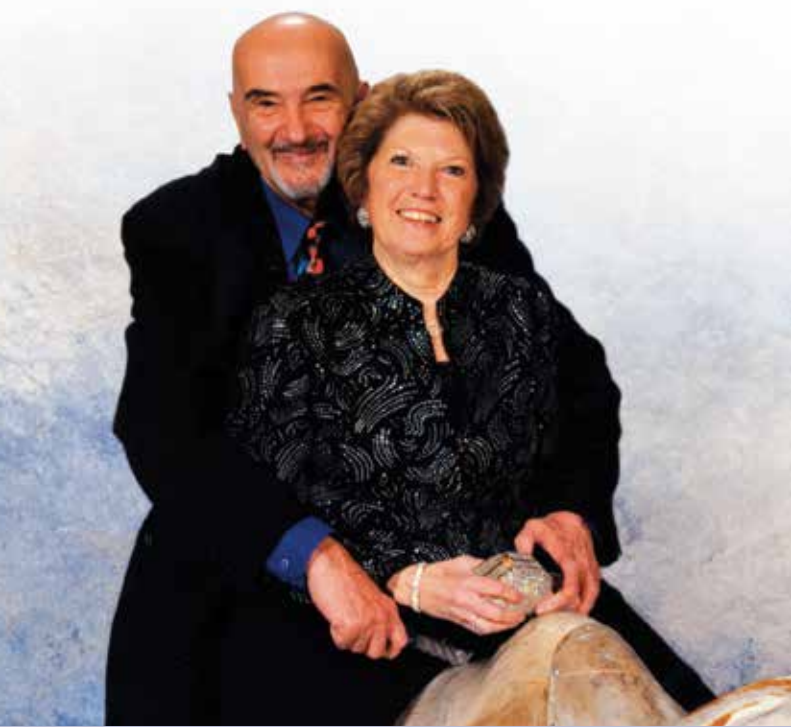
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TO CONTACT THE FOUNDATION
PLEASE CALL (702) 616-5750 OR
VISIT SUPPORTSTROSE.ORG

GRACE GRATITUDE & GIVING



St. Rose's Annual Celebration was Sharon and Charlie Potter's first "date."

Support Chaplaincy

Though medical insurers do not reimburse for chaplaincy services, St. Rose offers no-cost, around-the-clock chaplaincy support for patients, families and staff members facing crisis, grief, and transition. St. Rose chaplains help those suffering find comfort and make meaning of their experiences by tapping into what they hold sacred. To support our chaplaincy program, please call (702) 616-5750 or visit supportstrose.org.

Chaplain Sharon Carelli Potter is a warm, welcoming presence. She is the woman you invite to a party – and to a patient's bedside – because she beautifully shares in both the joys and suffering of others.

A registered nurse, Sharon cared for terminally ill patients including her mother. "The day before my mom died was remarkable. She spoke about life and death and her hopes for us, our children and our grandchildren," says Sharon. "I realized that even in the most heartbreaking of experiences, hope can be framed in a new way. This motivated me to go back to school to become a chaplain."

St. Rose hired Sharon as a chaplain in 1998. Delighted in God's grace and the hospitals' commitment to having full-time chaplains, Sharon routinely contributed to the Foundation's fundraising campaigns. "Giving gave me a way to express my thankfulness in living out my calling," says Sharon. "Patients and loved ones also find philanthropy a way to show appreciation for the care and compassion they received during physically, emotionally and spiritually painful trials."

When Sharon's husband suffered an extended illness, she left the hospital to minister to homebound oncology patients including former television broadcaster Andrea Boggs and her significant other, Charlie Potter. A compassionate presence in Andrea's life for more than a year, Sharon continued to provide Charlie periodic support after Andrea's passing. He returned the kindness when Sharon's husband died.

Sharon eventually invited Charlie to accompany her to a party – St. Rose's Annual Celebration. That "date" led to a deeper friendship and a lovely marriage. This year, Charlie spent weeks at the hospital battling colon cancer. His favorite chaplain – his wife, Sharon – was right by his side as were St. Rose chaplains, who provided the loving couple both comfort and understanding.

Happy Campers!

ST. ROSE DOMINICAN'S STROKE CAMP

What does the term “happy campers” bring to mind? For stroke survivors and their loved ones, it conjures up warm memories of a relaxing weekend filled with sunshine, fresh air, fun and games, good food and great conversations in cool, picturesque Mt. Charleston.

“With the help of an anonymous donor to the Foundation, we treated our patients, their spouses, children – and some grandchildren – to a wonderfully rewarding and rejuvenating experience,” says Charles Guida, Foundation President. “Our generous donor gave the \$28,000 to bring the camp to Mt. Charleston to cover the \$125 that each camp attendee customarily pays as well as all expenses associated with the camp.”

The three-day escape to Mt. Charleston provided stroke survivors and the caregivers – most of them family members – a much needed getaway.

“Common challenges among these campers are time, money and isolation,” says Stroke Camp Executive Director Marylee Nunley. “These families are seldom off duty. Survivors work harder to do what used to come so easy – and they and their

family members face medical bills and ‘surprise’ costs associated with long-term disability.”

According to Kim Dokken, St. Rose Dominican’s Trauma & Stroke Program Director, the goal of the hospital’s three Joint Commission Certified Stroke Units is to help stroke survivors get back to living as normally and independently as possible.

“Vacation time is one of the bright spots of a normal life that many of these families could no longer afford,” says Kim. “Stroke Camp gave them a vacation and so much more.” Stroke survivors relaxed in knowing they aren’t alone in their struggles. Spouses and adult children of stroke patients shared stories and insights on addressing and conquering caregiver challenges including potential burnout – and younger children had a blast interacting with stroke survivors while playing games and doing crafts.

For information on St. Rose’s three Certified Stroke Centers or the support services offered for stroke survivors and caregivers, call (702) 616-4900. To make a gift to St. Rose’s stroke care services, call (702) 616-5750 or visit supportstrose.org.

EXCELLENCE!

Dignity Health - St. Rose Dominican’s Rose de Lima, Siena and San Martín campuses are all Joint Commission Certified Primary Stroke Centers, which means they meet or exceed the standards set for stroke care. It also recognizes the hospitals’ commitment to excellence.

70 YEARS

CELEBRATING A LIVING LEGACY OF CARING

On June 27th, Dignity Health – St. Rose Dominican Hospitals commemorated its 70th year of faithful service to southern Nevada with a celebratory mass led by Bishop Joseph Pepe. Hospital leadership, including representatives from the Foundation and Community Boards, civic and faith leaders, and friends of the hospital, then gathered to share lunch and stories about the Adrian Dominican sisters.

“The gratitude shown for the living legacy our sisters founded and nurtured is humbling,” says Sr. Phyllis Sikora, Market Vice President of Mission Integration & Spiritual Care. “Equally important is thanking the community for its kindness. More than 70 sisters have served at the hospital and many consider St. Rose and southern Nevada home. What a blessing it is to receive the compassion and care we are called to give.”



Our Past. In 1947, seven sisters from Adrian, Michigan founded Rose de Lima Hospital based on the simple directive of their prioress, Mother Gerald Barry. She said: “Now go and do God’s will in this new place.” The sisters served as administrators, nurses, clinicians, and chief cook and bottle washers. Not surprisingly, the small 14-bed hospital known for delivering modern medical care with quality and compassion became the first Joint Commission-accredited hospital in southern Nevada.



Our Present. Today, Adrian Dominican sisters – past and present – inspire more than 5,000 employees, physicians, volunteers and friends of the hospital to live and work with an attitude of empathy towards others. Sisters work in leadership and volunteer positions that allow them to be present to and supportive of the healing and growth of hospital managers, staff members, patients and their loved ones.

Our Future. St. Rose is adapting and expanding its ministry with a focus on maintaining the sisters' legacy of responding to the needs and challenges of our community. Make a gift to our "Give \$70 For Our 70th" campaign to help further our ministry of quality, compassionate healing. (Campaign details are on the back cover.)

Honoring humankindness

Mike and Patty Morrissey

Mike and Patty Morrissey were recently honored for their humankindness at St. Rose Dominican Hospital's 60th Annual Celebration. Their contagious good nature and community involvement exemplify thoughtfulness, helpfulness and humanity. Mike, the owner of Morrissey Insurance, served as the chair of the Partnership for Compassionate Care campaign, which raised funds for the new five-story patient tower on the Siena Campus. Patty, a probate and guardianship attorney, is the founding partner of Trent Tyrell and Associates. For many years, Patty has also served as the president of the Board of Trustees of Catholic Charities of Southern Nevada, an organization with which St. Rose shares a strong collaborative relationship.

As native Nevadans, Mike's commitment to St. Rose spans decades. His siblings and best grade school buddy, Peter LaPorta, were born at Rose de Lima. His affinity for the hospital was intensified by his second-grade teacher, an Adrian Dominican sister. "After teaching at St. Peter's Grade School each day, sister would walk across the street to work at the hospital," says Mike. "That's dedication to serving others."

Important to the Morrisseys' choice to support St. Rose is "the emphasis placed on compassionate presence," says Patty. "The spiritual dimension of care that St. Rose became so highly regarded for continues to distinguish the hospital today."

The Morrisseys were deeply influenced by another not-for-profit – Opportunity Village – which walked alongside them in their journey to provide optimal life experiences for their son, Sean, who has Down syndrome. Now 31 years old, Sean works at Opportunity Village, is a talented artist, and an enjoyable young man.

Patty believes that when you open your eyes and hearts to the good that charitable organizations do it is energizing. It inspires the Morrisseys – including their daughters, Megan and Erin – to give of their time and talents. In addition to their support of St. Rose, Catholic Charities and Opportunity Village, the Morrisseys are actively involved in the R&R Foundation, Bishop Gorman and the University of Nevada, Reno.



Mike, Erin, Patty, Megan and Sean Morrissey.

CELEBRATION 61: Laughter Is the Best Medicine. Save the date for an evening of comedy and celebration in support of St. Rose Dominican's unwavering commitment to quality, compassionate care. Saturday evening, April 7, 2018 at the Mandalay Bay. For more information, call Barbara Davis at (702) 616-5762 or visit supportstrose.org.

Celebration

During an amazing night of music, laughter and tears, auction paddles were waved high in support of the hospitals' 60th Annual Celebration – and 70th year of faithfully providing compassionate, quality care. The star-studded evening featured Jewel, the Plain White T's, Randy Couture, celebrity chef Rick Moonen and many others. Funds were raised for life-saving services including cardiovascular, neurosurgery, pediatric, and orthopedic programs.

"St. Rose Dominican is part of southern Nevada's early history and its continued growth," says Charlie Guida. "For six decades, our annual Celebration has allowed our community to express gratitude for our commitment to their health and well-being."

According to Guida, the Celebration fundraiser is critical to the hospitals' not-for-profit ministry. Monies raised support equipment, technologies and programs that ensure patients receive advanced, effective care. That support allows the hospital to reinvest its annual earnings in building or enhancing facilities, offering extensive health education, and community outreach programs that ensure that financially marginalized residents have access to care.

"Jewel said it all and sang it all at this year's Celebration...Only kindness matters," said Guida. "We are thankful for the kindness the community showed at our annual fundraising evening. We are blessed."

"In the end only kindness matters." - Jewel



Businessman and philanthropist Ronn Bailey helped maximize the Celebration's success by matching donations made during the evening's fundraising blitz.



Multi-platinum artist Jewel performed hit songs and shared a story of the kindness an ER doctor showed her when she was extremely ill and unable to afford health care.



Kathlyn (Kax) Mowbray recently passed but was recognized for establishing the Celebration (formerly Mardi Gras Ball) in 1957. Kax is pictured with Monsignor Peter Moran and her husband, Nevada Supreme Court Justice John Mowbray.

bration

BUILDING COMMUNITY HEALTH AND HEALTHY RELATIONSHIPS

"Improving the health status of southern Nevada requires being present – attentive and responsive – to the whole person and the whole community. We're excited to support St. Rose's efforts to extend quality health programming that addresses mind, body and spirit and make it more accessible to people in need, particularly those with low to moderate incomes."

- Sean McGarry, Assistant Trustee
Engelstad Foundation



Aidee Flores Fernandez, Gina Hines, Sean McGarry and Charlie Guida

Meeting people where they are is what motivated Dignity Health – St. Rose Dominican Hospital to open four smaller neighborhood hospitals conveniently located to deliver high-quality medical care where patients need it most. A \$4 million grant from the Engelstad Foundation will help build and staff St. Rose Wellness Centers at each new neighborhood hospital.



NEIGHBORHOOD HOSPITAL LOCATIONS NOW OPEN!

Blue Diamond Campus

4855 Blue Diamond Rd., Las Vegas, NV 89139

North Las Vegas Campus

1550 W. Craig Rd., North Las Vegas, NV 89032

West Flamingo Campus

9892 W. Flamingo Rd., Las Vegas, NV 89147

Sahara Campus

4980 W. Sahara Ave., Las Vegas, NV 89102
(Scheduled to open December 12, 2017)

"Going to the hospital often means going out of one's way. With multiple, 27,000-square-foot hospitals, we are bringing state-of-the-art emergency, inpatient beds, diagnostic imaging and primary care physician services to areas of the community that lacked easy access to medical care," says Dr. Robert Pretzlaff, Chief Physician Executive and President of Dignity Health Medical Group. "The Engelstad Foundation's commitment allows us to take the next step – to closely connect with patients, identify their greatest needs, and equip them with tools to manage their physical, emotional and spiritual health."

The Wellness Centers will offer a range of no- and low-cost community health programs, such as free breast cancer screenings and support, Nevada Health Link assistance with Medicaid, CHIP, or private health plan enrollment, and supplemental nutrition programs. Self-care programs will address disease management, nutrition, exercise, pregnancy, childbirth, and breastfeeding. Support groups and senior peer counseling will focus on wellbeing.

St. Rose currently operates three Wellness Centers with more than 80,000 community encounters per year. The new Centers, projected to open in 2018, are anticipated to increase total community interactions by 30,000 to 40,000 encounters per year. For more information on supporting St. Rose's community health initiatives, contact the Health Foundation at (702) 616-5750.



**Children's
Miracle Network
Hospitals**

James's Miracle Journey

From their initial visit to Dignity Health - St. Rose Dominican Hospital's Siena Campus, James and his mother, Amy, felt they were in the right hands. The Pediatric ER doctor attentively listened to James's symptoms and acknowledged his suffering. The doctor's thorough response led to a rapid diagnosis: glioblastoma, an aggressive form of brain cancer. James underwent brain surgery at UCLA, then returned home to Henderson and St. Rose. "We've met families who have been bounced around from one hospital to another for cancer treatment," says Amy. "For more than two years, all of James's chemotherapy and diagnostic imaging took place at St. Rose. It's clear that as a Children's Miracle Network Hospital, St. Rose's doctors, nurses – and fundraising partners – bring an unmatched level of compassionate energy to caring for sick kids." Amy believes that the incredible relationships James built at St. Rose – and throughout his cancer journey – are part of his medical miracle.



Sponsor Spotlights

From steaming hot pancakes to stir-fried Orange Chicken, IHOP and Panda Express prove that good food and fundraising go together. Our enthusiastic Children's Miracle Network Hospital (CMNH) sponsors give and encourage their customers to do the same. In 2016, southern Nevada Panda Express restaurants raised \$420,000 to support pediatric and neonatal care provided by St. Rose – and, locally, IHOP's National Pancake Day 2017 raised more than \$40,000. Join us in thanking our sponsors IHOP and Panda Express!

Become a Miracle Maker

Team up with St. Rose through any of these CMNH events to help fund medical miracles! Every dollar raised will benefit the medical care and support services sick and injured children receive at St. Rose.

Through December 25, 2017

Ace Hardware Holiday Roundup! Ace is the place to round up your purchase to the next dollar this holiday season to help kids in need.

Through December 31, 2017

Dine at Panda Express and donate your change, round up your bill, or buy an iconic paper balloon.

Through April 16, 2018

Key Club students across the valley will raise funds for CMNH by holding bake sales, ice cream sales, and car washes during the 2017-2018 school year!

January 1 to December 31, 2018

Credit Unions Skip-a-Pay! Need to "skip" a loan payment for a month? Participating credit unions will donate all or a portion of Skip-A-Pay processing fees (typically \$20 to \$40) to the care of sick, injured or vulnerable children.

For more information on supporting CMNH, please reach out to:

Debi Walsh (702) 616-5755;
debi.walsh@dignityhealth.org

Jason Williams (702) 616-5756;
jason.williams@dignityhealth.org.



**St. Rose Dominican
Health Foundation™**

A Dignity Health Member

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Henderson, NV 89015

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GIVE \$70 FOR OUR 70TH

You are vital to St. Rose Dominican Hospitals' 70-year story. Use the enclosed envelope or visit supportstrose.org to make your gift and share details about how St. Rose has made a meaningful difference in your health, the wellbeing of a loved one or the quality of life in our community.

SEVEN SIMPLE REASONS TO GIVE

Discover a greater sense of self through serving others

Make meaningful social connections

Give in return for the help, support or guidance you have received

Develop new or existing interests

Gain a deeper perspective on life, health and issues others face

Know that you're needed

Boost your self-esteem, energy levels and health

The gift of year-end giving is easy this holiday season

By mail:

St. Rose Dominican
Health Foundation
3001 St. Rose Parkway
Henderson, Nevada 89052

Online:

www.supportstrose.org

Credit card by phone:

Contact the Foundation directly at
(702) 616-5750

Mark Your Calendar!

Please join us for upcoming St. Rose Dominican Health Foundation events. For more information, please call (702) 616-5750.

December 2017

Neighborhood Hospital Opening – Sahara Campus

4980 W. Sahara Avenue
Las Vegas, NV 89102

Scheduled to open December 12.

Through December 25, 2017

Ace Hardware Holiday Roundup!

Ace is the place to round up your purchase to the next dollar this holiday season to help kids in need.

Through December 31, 2017

Plan Your End of Year Giving

Your end of year gift could help you receive tax savings and will definitely make you feel good! For more information, contact the Health Foundation at (702) 616-5750.

Contributions to the St. Rose Dominican Health Foundation may be tax deductible pursuant to the provisions of section 170(c) of the Internal Revenue Code of 1986, 26 U.S.C. 170(c).

January 1 to December 31, 2018

Credit Unions Skip-a-Pay!

Need to "skip" a loan payment for a month? Participating credit unions will donate all or a portion of Skip-A-Pay processing fees (typically \$20 to \$40) to the care of sick, injured or vulnerable children.

April 7, 2018 - 6PM

Celebration 61: Laughter Is the Best Medicine

Mandalay Bay Resort & Casino
Save the Date