

Our Rose Bud Auxiliary hosted a two-hour heart health information session June 29 that also highlighted Henderson's nationally recognized cardiac care unit at St. Rose Dominican Hospital's Siena Campus. About 50 members of the Anthem Country Club attended the event, with several subsequently pursuing auxiliary membership.

Patricia Lindberg, president and auxiliary co-founder, kicked off the session with a nod to the Rose Buds' three-year focus on supporting the hospital's cardiac care unit.

"Despite the shutdowns and ravages of COVID, our auxiliary has raised more than \$200,000 for equipment that sterilizes probes and other surgical materials for patient care," she said. "We are focused on doing much more, because high-tech cardiac equipment and software upgrades are super expensive—and I'm sure we all want to make sure the best technology is right down the street when we need it!"

Speakers included Ric Miller, who leads the hospital's campus cardiac care unit, Dr. Pamela Ivey, a leading area cardiologist, and a grateful surviving heart patient—Lena Walther, Nevada's honorary Consulate of Sweden and founder of Awareness is Prevention, a national organization working on the prevention of child trafficking.

Miller said, the cardiac care unit at the Siena Campus is the second-busiest in the Las Vegas Valley, with advanced cardiac services "focused on using the least invasive method possible to minimize pain and shorten recovery time."

He added that the campus' hybrid cardiac operating room is distinctive because it enables cardiologists, cardiac surgeons, vascular surgeons and interventional radiologists to work together in the same room.

Dr. Ivey discussed the importance of diet and being aware of individual heart health because "diagnosis of coronary heart disease often comes too late, with 62 percent of men and 46 percent of women having a heart attack or dying as their first sign of heart problems." She encouraged consideration of the Mediterranean diet for most people.